CALL A C A FROG HE	bo you GIRL WITH SON HER AD? Harri	son Elementa	ry Schools Lui		WHAT FALLS BUT NEVER GETS HURT?
Daily Options	Monday	Tuesday	Wednesday	Thursday	Friday
Inn. Turkey and Cheese Roll Up Turkey and Cheese Roll Up ues. Bagel Lunch with Veggie Sticks and Yogurt GF Melted Cheese Sandwich	1 Chicken Bites Steamed Rice Steamed Green Beans Tomato Salad Mixed Fruit Cup Applesauce	2 Macaroni and Cheese Dinner Roll Red Pepper Slices Broccoli Peaches Berry Cup Lucky Tray Day!	3 French Toast Sticks with Warm Fruit Topping Chicken Sausage Patty Potato Puffs Baby Carrots Peaches Orange Juice	4 Grilled Cheese on Whole Wheat Chick Pea Salad Green Beans Orange Wedges Banana	5 Free Day Cheese or Pepperoni Pizza Celery Sticks Red Pepper Slices Fresh Apple Peach Cup
Sandwich Sandwich nur. Bagel Lunch with Veggie Sticks and Yogurt GF Melted Cheese Sandwich i. Chef Salad Chef Salad While training and procedures are in place o ensure that gluten free items are gluten ree, food and drinks are prepared in areas Sandwich	Chicken Tenders Tator Tots Steamed Carrots Fresh Romaine Salad Pears Orange Wedges Zoo Lover's Day! Animal Crackers with Lunch!	9 Spaghetti with Butter or Tomato Sauce, Meat Sauce Garlic Bread Romaine Salad Red Pepper Slices Pears Fresh Apple	10 Whole Grain Confetti Pancakes Chicken Sausage Patty Sweet Potato Fries Carrot Sticks Applesauce Grapefruit Wedges	Hot Dog on a Bun Veggie Baked Beans Baked French Fries Fresh Orange Apple Juice	Green Salad Fresh Apple
All Lunches Include: Entrée, Bread/Grain, Vegetable, Fruit/Juice and Choice of 1% White or Fat- Free White or Chocolate Milk.	Chicken Bites Mashed Potatoes Butternut Squash Green Salad Mixed Fruit Applesauce	16 Macaroni and Cheese Sliced French Bread Spinach Salad Baby Tomatoes Peach Cup Fresh Apple	17 French Toast Sticks Warm Fruit Topping Chicken Sausage Patty Potato Puffs Cucumber Coins Orange Smiles Applesauce National Cheese Ball Day!	18 Grilled Cheese on Whole Wheat Chick Pea Salad Broccoli Fresh Strawberries Mixed Fruit	19 Cheese or Pepperoni Pizza Steamed Broccoli Red Pepper Slices Fresh Pear Orange Wedges
All daily fruits & vegetables are available to take with all meals Food Allergies? Please Speak to Your Server, Chef or Manager.	22 _{Unused Snow Day} No School	23 Start of Passover No School	24 Whole Grain Waffles with Warm Fruit Topping Chicken Sausage Patty Sweet Potato Fries Fresh Orange Pears	25Free Day! 25Free Day! Nacho Nachos Turkey Taco Meat Rice, Tortilla Chips Cheddar Cheese Black Beans, Salsa Fresh Apple Peach Cup	26 Cheese or Pepperoni Pizza Baby Tomatoes Green Salad Orange Wedges Mixed Fruit
Fyou have any questions or comments, please call the ood Service Department at 914-630-3114. Christine Clementz RD,CDN Food Service Director	29 Chicken Tenders Soft Pretzel Sticks Celery Sticks Steamed Green Beans Orange Slices Applesauce	30 Mozzarella Quesadilla Tomato Dipping Sauce Baby Tomatoes Steamed Broccoli Fresh Apple Peach Cup Lucky Tray Day!		Free Day! *Please note on "Free Days" the first meal will be free to all students and only applies to a full lunch meal. Any a la carte items such as snacks, drinks and seconds must still be paid for with available funds.	

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer. Menu subject to change.