#  <br> <br> Harrison Elementary Schools Lunch Menu 

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| Daily Options |  |  |
| :--- | :--- | :--- |
|  | Alternate | Gluten Free* |
| Mon. | Turkey and <br> Cheese Roll <br> Up | Turkey and <br> Cheese Roll <br> Up |
| Tues. | Bagel Lunch <br> with Veggie <br> Sticks and <br> Yogurt | GF Melted <br> Cheese <br> Sandwich |
| Wed. | Ham <br> Sandwich | Ham <br> Sandwich |
| Thur. | Bagel Lunch <br> with Veggie <br> Stick and <br> Yogurt | GF Melted <br> Cheese <br> Sandwich |
| Fri. | Chef Salad | Chef Salad |

*While training and procedures are in place
to ensure that gluten free items are gituten
free, food and drinks are prepared in are

All Lunches Include:
Entrée, Bread/Grain,
Vegetable, Fruit/Juice and
Choice of $1 \%$ White or Fat-
Free White or Chocolate
Milk.
All daily fruits \& vegetables
are available to take with all
meals
Food Allergies? Please
Speak to Your Server,
Chef or Manager.
If you have any questions or
comments, please call the
Food Service Department at 914-630-3114.
Christine Clementz RD,CDN Food Service Director

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| 1 <br> Chicken Bites Steamed Rice Steamed Green Beans Tomato Salad Mixed Fruit Cup Applesauce | 2 Macaroni and Cheese Dinner Roll <br> Red Pepper Slices Broccoli Peaches Berry Cup <br> Lucky Tray Day! | 3 French Toast Sticks with Warm Fruit Topping Chicken Sausage Patty Potato Puffs Baby Carrots Peaches Orange Juice | 4 <br> Grilled Cheese on Whole Wheat Chick Pea Salad Green Beans Orange Wedges Banana | 5Free Day: <br> Cheese or Pepperoni Pizza Red Pepper Slices Fresh Apple Peach Cup |
|  | 9 <br> Spaghetit with Butter or Tomato Sauce, Meat Sauce Garlic Bread Romaine Salad Pears Fresh Apple | 10 <br> Whole Grain Confetti Pancakes Chicken Sausage Patty Sweet Potato Fries Carrot Sticks Applesauce Grapefruit Wedges |  | 12 <br> Cheese or Pepperoni Pizza <br> Baby Tomatoes Green Salad Fresh Apple Peach Cup |
| 15 <br> Free Day Chicken Bites Mashed Potatoes Butternut Squash Green Salad Mixed Fruit Applesauce | 16 <br> Macaroni and Cheese Sliced French Bread Spinach Salad Baby Tomatoes Peach Cup Fresh Apple | 17 French Toast Sticks <br> Warm Fruit Topping <br> Chicken Sausage Patty <br> Potato Puffs <br> Cucumber Coins <br> Orange Smiles <br> Applesauce <br> National Cheese Ball Day! | 18 <br> Grilled Cheese on Whole Wheat Chick Pea Salad Broccoli Fresh Strawberries Mixed Fruit | 19 <br> Cheese or Pepperoni Pizza <br> Steamed Broccoli Red Pepper Slices Fresh Pear Orange Wedges |
| 22Unused Snow Day No School | 23 Start of Passover No School | 24 Whole Grain Waffles with Warm Fruit Topping Chicken Sausage Patty Sweet Potato Fries Fresh Orange Pears | 25Free Day: Nacho Nachos Turkey Taco Meat Rice, Tortilla Chips Cheddar Cheese Black Beans, Salsa Fresh Apple Peach Cup | 26 cheese or Pepperoni Pizza <br> Baby Tomatoes Green Salad Orange Wedges Mixed Fruit |
| 29 Chicken Tenders <br> Soft Pretzel Sticks Celery Sticks <br> Steamed Green Beans Orange Slices Applesauce <br> April is Soft Pretrel Month! | 30 Mozzarella Quesadilla Tomato Dipping Sauce Baby Tomatoes Steamed Broccoli Fresh Apple Peach Cup <br> Lucky Tray Day! |  | Free Day! *Please note on "Free Days" the first meal will be free to all students and only applies to a full lunch meal. Any a la carte items such as snacks, drinks and seconds must still be paid for with available funds. |  |

